



PRESS RELEASE

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FOR IMMEDIATE RELEASE

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City of San Dimas Office of the City Manager – Update May 5, 2020

Latest Updates:

- As the County of Los Angeles plans on soon reopening some businesses and getting people back to work, Public Health is tracking key measures that inform reopening plans in LA County to ensure it is safe and we still slow the spread of COVID-19. The measures include making sure we have the tools to slow the spread and that we are effective at slowing the spread
 - Capacity to Slow the Spread
 - Tracking hospital capacity to manage a surge in cases and people with serious illness
 - Tracking sufficient supply of PPE for all health care workers
 - Tracking sufficient testing capacity and testing supplies
 - Tracking adequate capacity to do case and contact tracing
 - Effectiveness at Slowing the Spread
 - Tracking mortality rates throughout the process of reopening, including by age, poverty level and race and ethnicity
 - Tracking hospitalization rates by age, poverty level, and race/ethnicity
 - Tracking whether people who are at greater risk of serious illness are able to easily access testing
 - Public Health continues planning for recovery and relaxing select directives of the Safer at Home Order
- Today Governor Newsom met with small business owners to discuss how businesses are adapting to reopen while continuing to preserve public health
 - Business owners, employees, and consumers can give feedback by completing the Recovery Roadmap Survey: <https://covid19.ca.gov/recovery-input/>
- For those experiencing domestic violence, it can be difficult and dangerous to shelter-in-place during this time. You deserve to feel safe and supported. Call the National Domestic Violence Hotline at 1-800-799-SAFE or text LOVEIS to 22522
- Sleep is crucial for both our physical health & emotional well-being. Whether you've had sleeping problems prior to COVID-19 or it's a more recent issue, more than ever before we can all take steps to improve our sleep & take care of our body and mind
 - Visit <https://www.sleepfoundation.org/sleep-guidelines-covid-19-isolation> for tips and resources to help you get a better night sleep